



Message from the Secretary General



Dear Colleagues and Friends,

Hearty greetings to you! We had a very fruitful meeting of WPA Board (Zonal Representatives) at Taipei on 21 November 2015. If you have any concerns or sugges-

tions, it will be helpful to consult the Zonal Representatives. As you know the Board considers and advises the EC on the work of WPA especially to strengthen collaboration between Member Societies in the Zones. We also had the WPA Regional Congress, Manila on February 4-6, 2016. It was a grand event. Hearty Congratulations to Ma Luz Querubin and our colleagues of the Philippine Psychiatric Association.

Our newly designed website www.wpanet.org has gone live on October 25, 2015. Kindly do visit the website and send us your valuable comments. During the last four months 30,970 people from 183 countries had made 41,071 visits to our website. We are happy 75.2% of all the visitors were new visitors, reflecting renewed interest. If you notice any error or failure to update any of the pages, kindly bring it to our attention. That will be very helpful.

We have prepared a document on WPA presence on International Scene considering inter-relationship between WPA and other global organizations. Please send us any comments or suggestions on this. We are looking forward to WPA Regional Conference, Tbilisi on April 27-30, 2016. Kindly do attend. We thank WPA President Dinesh Bhugra and the EC for their support and guidance.

Thanking you,

Roy Abraham Kallivayalil
Secretary General
World Psychiatric Association

Message from the President



Dinesh Bhugra

Dear Friends and Colleagues,

I hope you had a restful time with your loved ones and families over the holiday period. As you know there have been major issues of global concern especially migration, asylum seeking and refugee crisis not only in Europe but also in Latin America.

WPA has taken the lead and issued Position Statements jointly with partners in Europe and Latin America. We have been developing strategies for improving recruitment in psychiatry as well as retention. The progress on Diploma is slow but sure. The challenges to psychiatry are increasing with rapid urbanisation and globalisation with movement of people and professionals. It is important that as a profession we understand the needs of our patients.

I am delighted to let you know that Dr. Avdesh Sharma as lead Public Education advisor is setting up micro-site with patient information leaflets so that these can be used in different languages around the world. I am personally grateful to him for taking the initiative so successfully.

Recruitment into psychiatry in many countries is poor for a number of reasons. WPA has developed various documents which are being worked on and will be launched shortly.

WPA had a very successful first Round Table meeting in Bogota in the middle of last month on the topic of Migrant and Asylum seeker mental health and produced Bogota Declaration which was signed by 17 attending Presidents of various associations in addition to the President of APAL and myself. Next round table is to be held next week on Fragmented families-as a result of migration. There are plans for these continuing regularly on a number of topics. If you have any ideas that you would like explored please do let me know.

Look forward to working closely with you.

Best wishes,

Dinesh Bhugra, CBE
President
World Psychiatric Association



Gruyères, a picture-perfect medieval town on a small hill with a castle and three totally different museums. In Gruyères, 800-year-old regional history and culture meet Oscar-winning aliens and Buddhist sculptures. The museum of H. R. Giger is to be found in the nearby small castle of St. Germain. This museum showcases the fantastical art of the Oscar-winner and «Alien» creator. The Tibet museum (opened in 2009) with over 300 Buddhist sculptures, pictures and ritual works from various Himalayan regions, is located in the midst of the traffic-free town.

General matters of WPA

(including Regional, International and World Congress announcements)

■ WPA REGIONAL CONGRESS MANILA

The Philippine Psychiatric Association hosted the WPA Regional Congress, February 4-6, 2016 in conjunction with its 42nd Annual Convention held at Manila. The Keynote Address was delivered by Prof. Dinesh Bhugra, WPA President. Dr. Maria Imelda B. Batar, a past president of Philippine Psychiatric Association presented the current situation of Philippine psychiatry during the Presidential Lecture.

The theme “Psychiatry and Society in the 21st Century” highlighted the various growth areas in the science and art of psychiatry practice: neuroscience, psychopharmacology, brain imaging and advances in technology in the context of environmental and cultural challenges. The scientific program featured topics on Psychotherapy, e-Mental Health, Child and Adolescent Psychiatry, Intersectional Forum on Training Program for Young Psychiatrists, and on Women’s Mental Health, Updates on Psychotic Disorders, Biological Psychiatry,



The Presidential Gala held at Sofitel Hotel Philippine Plaza Manila on February 4, 2016.

Consultation-Liaison Psychiatry, and Biological Treatments.

The three day convention brought together different perspectives from all over the globe with a renowned list of speakers that tackled topics on mental health care and bio-psychosocial interventions, provided updates and trends in the management of common psychiatric disorders. The event also included a Presidential Gala, a night of camaraderie and enchanting music performed by a master cellist. The Fellowship Night showcased the celebration of Philippine Fiestas. The Congress achieved the goal of sharing a common advocacy in advancing mental health and building alliance through such meaningful endeavor.



Opening Ceremonies (left to right): Dr. Fareda A. Flores, Dr. Dinesh Bhugra (WPA President), Dr. Maria Imelda B. Batar, and Dr. Ma. Luz C. Querubin.

HAVE YOU RECENTLY VISITED THE WPA WEBSITE?

→ WWW.WPANET.ORG

From the President-Elect



Helen Herrman

A recent meeting with Dr. Lakshmi Vijayakumar in Chennai, India made me stop and think. Lakshmi, a psychiatrist and the founding director of SNEHA (a local volunteer resourced non governmental organisation) and her team were celebrating the 30-year anniversary.

SNEHA is staffed entirely by volunteers. It is built on a combination of volunteer work and rigorous evidence-based training and management. SNEHA receives calls from people in distress (more than 300,000 calls to

date), identifies and responds to vulnerable groups in the community, initiates research and raises awareness. It has advocated for legal and policy changes in school examinations and the decriminalisation of suicide; conducted research on safe storage of pesticides; and provided emergency response to survivors of the Asian tsunami and Gujarat earthquake. Its key achievement is sustained community action for suicide prevention, in collaboration with mental health professionals and other NGOs locally and in India.

We, as psychiatrists, can encourage a shift in focus from care in the community to a caring community as described by Lakshmi. In a caring community the work of psychiatrists and other health professionals is integrated with that of trained lay workers, community lead-

ers and community organisations. There are other examples of pioneering and excellent work of related kinds, especially in low- and middle-income settings where there are few mental health professionals. With evidence-based training, monitoring and supervision, lay workers can also become case finders, referrers to scarce expertise, and enablers of social support and community-based rehabilitation for people with mental illnesses and their families. Yet work of this type remains a curiosity rather than the norm. Across the globe, even in countries where health services are well resourced, there is a huge gap in providing accessible, acceptable and comprehensive mental health care.

Helen Herrman

WPA President-Elect

From Secretary for Finances



Armen Soghoyan

Dear Colleagues,

2015 was the first year of the acting Executive Committee, and from the financial point of view it was not bad, but it could

have been better. We entered 2016 with some unspecified issues, but which cannot adversely affect the WPA functioning. We can view an obvious improvement in membership fees payment discipline and we hope that this will become a good tradition.

Regarding congress related issues we need to undertake drastic measures for organizers to meet financial obligations they have taken. We will introduce the regulating mechanisms to address this issue for upcoming and

planned conferences. Regarding expenses: in 2015 we were thriftier and it will be reflected in financial report to all governing bodies of WPA.

We have also some proposals that are aimed at improving the WPA financial policy, and as it was promised, will increase revenues and improve the cost efficiency.

Armen Soghoyan

WPA Secretary for Finances

From Secretary for Education



Edgard Belfort

The WPA Secretary for Education seeks to promote from educational processes, strengthening and dissemination of an integrated, comprehensive and proactive response by the Health Sector, while encouraging the implementation of mental disorder awareness, prevention, treatment, and rehabilitation programs.

There is no doubt that economic difficulties, social transformations and increased longevity has been accompanied by an increase in psychosocial problems and the prevalence of mental disorders in contrast to the lack of attention and research, as well as resources unequally distributed to address mental disorders, leading to inadequate treatment gap for more than 75% of people of developing countries.

Considering these aspects, among others, it is necessary to seek opportunities for change that allow quality care and efficiency in treating this problem.

Training programs (both undergraduate and graduate) should respond to the real needs of mental health of the population, a comprehensive, interdisciplinary program that combines research and education, self-learning and teamwork focused mainly on population activities, to promote health, prevention and risk.

The evaluation and measurement of health programs and its definition should be crucial. Define how we can better assess mental health initiatives and their impact, emphasizing the effectiveness evaluation and validation of educational programs is necessary.

In this regard the Operational Committee on Education, represented by Luz Querubin, Roger Ng, Constantin Soldatos, Fabrizio Delgado, Marc Hermans, Bulent Coskun, Andrea Fiorillo and Felipe Picon have prepared a WPA Questionnaire on Training Needs aimed to: 1) knowing and identifying needs, challenges and opportunities in Mental Health Educational Processes; 2) explore and promote innovative assessment and accreditation processes, that allow propitiate a culture, according to public policy of academic and professional training.

In terms of methodology, first the Questionnaire was sent to WPA Zonal Representatives and then to the experts to get their suggestions and comments, for example, in WPA events, advantage of the recent meeting in Manila was taken, resulting in an excellent meeting in contributions. Finally, it will be sent in April to all WPA member societies, looking forward to hearing from them their opinions, in order to do the analysis, conclusions and carry out actions. Increasing ef-

forts to reduce the stigma of mental illness and reinforcing legislation protecting human rights are specific requirements to achieve a higher quality psychiatric practice in the care of people.

WPA Educational Activities 2016

1. March 16-19, 2016 - Guatemala City. Central America and Caribbean Congress of Psychiatry. 1) WPA Round Table on Migrants. 2) WPA Course in Mental Health: Therapeutic Model and Treatment of Abuse in Girls/Boys, Adolescents and Women.
2. April 12-14 - Medellin, Colombia. Congress of Media and Women's Mental Health. WPA Educational Symposium.
3. June 9-12 - Puerto Vallarta, Mexico. Mexican Society of Psychiatry International Congress, 50th Anniversary. WPA Educational Activity.

4. April - Ecuador. WPA Online Course in Mental Health: Expert on Mental Health Emergencies. Objective: our main goal is to help professionals maintain a good level of updating and specializations as well as to obtain the knowledge, abilities and diagnostic and therapeutic skills for successful intervention in mental health emergencies. The course is accredited with 25 ECTS by the University of Alcala de Henares, Spain, as part of its own degrees and the WPA.
5. WPA online Course: Cultural Competence Training, made online by the group of Barcelona, Spain directed by Prof. Miguel Casas and Francisco Collazo at the University of Barcelona. The proposal offered includes not only Spanish speaking countries but also English-speaking. Translating the program into English will be paid by the Caixa Spain bank as a contribution to the academic activity.

Edgard Belfort
WPA Secretary for Education

From Secretary for Scientific Meetings



Masatoshi Takeda

Dear Colleagues and Friends,

WPA holds the World Congress of Psychiatry every three years, and organizes various types of conferences, such as International Congress, Regional Congress, Inter-Sectional Congress, Thematic Conference, Zonal/Regional Conference, and Section Conference in the meantime of the three year period. After WPA World Congress of Psychiatry in Madrid (September 2014), WPA organized Hong Kong International (December 2014), Osaka Regional (June 2015), Bucharest International (June 2015), Kochi Regional

(September 2015), Taipei International (November 2015) and Manila Regional Congress (February 2016) in collaboration of the hosting member societies.

In addition to these WPA sponsored conferences, WPA holds 30-50 co-sponsored scientific meetings per year, which are organized by WPA member societies and affiliated associations, or other prestigious organizations that significantly contribute to WPA purposes. The WPA co-sponsorship is granted by the agreement of EC members based on the recommendation from Secretary for Scientific Meetings.

There have been increasing number of the request for WPA co-sponsorship in these years and WPA is discussing the more strict application of the WPA rules. The minimum condition for WPA co-sponsorship is that the scientific meeting is suitable to the mission of

WPA, and that the approval and agreement is obtained from the WPA Zonal Representative of that region. At the same time, remember that WPA asks for the brief report of the meeting to the organizer to which WPA has granted the co-sponsorship.

WPA is seeking for the more cooperative joint partnership with member societies and other affiliated organizations. WPA would like to develop more meaningful collaboration in terms of sponsoring and co-sponsoring scientific meetings so that WPA will grow into the more important organ to the member societies.

Masatoshi Takeda
WPA Secretary for Scientific Meetings

From Secretary for Scientific Sections



Afzal Javed

I am pleased that WPA Scientific Sections continue playing a pivotal role in promoting and disseminating scientific knowledge around the globe. The current number of Sections has increased to 72, with Sections on Positive Psychiatry, Stress Research, and Early Career Psychiatrists as the new ones approved during 2015. Inclusion of Early Career Psychiatrists is proving an important step towards involvement of young psychiatrists in the WPA functioning as well as for

developing their leadership skills and enhancing their organizational abilities.

The Sections' Operational Committee is currently reviewing the by-laws related to Sections' functioning and is going to submit its recommendations to the Planning Committee. There have also been some discussions on Sections' future work, including clustering of Sections on the basis of common interests and activities. This will hopefully help to promote further collaboration and links among different Sections.

Organization of Intersectional Forums and Intersectional Educational Programmes has been an on-going practice at WPA Regional and International Congresses held in Romania, Taiwan and Philippines, and similar ac-

tivities are planned for the forthcoming meetings in Turkey and South Africa during this year. Sections have also continued developing training courses and producing position statements. Sections have adapted the theme of promotion of mental health as a priority in their work, along with initiating various programmes in the areas of mental health promotion and prevention psychiatry by producing educational materials for the WPA website. Programmes promoting the interest of medical students in the field of psychiatry as a future career have also been a focus for the current work of Sections.

Afzal Javed

WPA Secretary for Scientific Sections

■ Dr. Mary Ann Cohen is recipient of Eleanor & Thomas P. Hackett Award

Dr. Mary Ann Cohen, Chair of the WPA Section on HIV/AIDS Psychiatry, has been chosen as the recipient of the **2015 Eleanor & Thomas P. Hackett Award** by the Fellowship & Awards Committee of the Academy of Psychosomatic Medicine. Named in honor of the late Thomas & Eleanor Hackett, the Hackett Award is the highest honor bestowed annually by the Academy and is intended to acknowledge an individual exemplifying the following characteristics:

- An individual whose concern for others, warmth, humor, and commitment to excellence best recalls Tom's vibrant spirit
- An individual whose gifts as a teacher, particularly at the bedside, are best characterized as 'inspiring'
- An individual whose intellectual curiosity has generated innovative research at the interface of psychiatry and medicine – a 'trailblazer'
- An individual who has provided leadership across a range of tasks for the field of psychosomatic medicine

Dr. Cohen made AIDS psychiatry what it is today. She took time to develop groups within APM and to write papers and books. She was a real force in networking. She founded the HIV/AIDS Psychiatry SIG that now boasts more than 350 members and is a Section of the WPA. She pursued Bioethics – a natural outgrowth of her AIDS work – with a vengeance. Dr. Cesar Alfonso, former AAPDP President, states that she was the first psychiatrist to chair an ethics committee

at a New York City hospital. Dr. Karl Adler, former CEO and Dean of New York Medical College states: "She was just an incredible stimulus, model, and educator during a time when it was very tough".



Dr. Mary Ann Cohen

Afzal Javed

WPA Secretary for Scientific Sections

WPA PUBLICATIONS

WPA Secretary for Scientific Publications, Michelle B. Riba, mriba@umich.edu



■ WPA SCIENTIFIC PUBLICATIONS: BOOKS AND JOURNALS

Michelle Riba, M.D., M.S

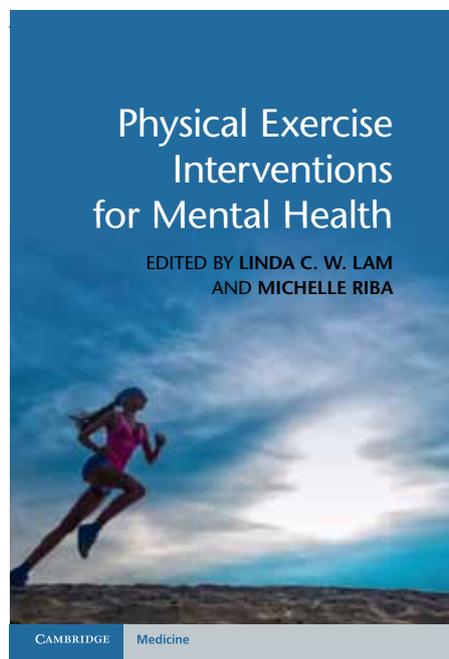
The WPA official journal, *World Psychiatry*, editor in chief, Professor Mario Maj, has now reached an impact factor of 14.225, ranking #3 among psychiatric journals. The latest issue of the journal features, among the other contributions, a Special Article by Professor Kenneth Kendler on the nature of psychiatric disorders; a Forum on clinical utility vs. validity in psychiatric diagnosis; and a Reappraisal by Patrick Corrigan on lessons learned from unintended consequences of anti-stigma programmes. All back issues of the journal can be freely downloaded from the PubMed system (<http://www.ncbi.nlm.nih.gov/pmc/journals/297/>). Congratulations to Professor Maj and to the editorial board and all the authors and reviewers, for the incredible science, scholarship, team work and dedication. Thank you to Wiley Blackwell for their strong support.

Top 10 Psychiatric Journals in terms of Impact Factor (as of June 2015): 1. *Molecular Psychiatry* - 14.496 | 2. *Archives of General Psychiatry* - 14.480 | 3. ***World Psychiatry* - 14.225** | 4. *American Journal of Psychiatry* - 12.295 | 5. *JAMA Psychiatry* - 12.008 | 6. *Biological Psychiatry* - 10.225 | 7. *Psychotherapy and Psychosomatics* - 9.196 | 8. *Schizophrenia Bulletin* - 8.450 | 9. *British Journal of Psychiatry* - 7.991 | 10. *Journal of American Academy of Child Psychiatry* - 7.260.

In other Publication news:

There will be a symposium, presented by Helen Herrman, Armen Soghoian, and

Michelle Riba on WPA publications in Tbilisi, Georgia, at the regional conference of the World Psychiatry Association “Mental Health, Directions and Challenges” from 27-30 April 2016. The Conference organized by the World Psychiatric Association (WPA) in collaboration with the Society of Georgian Psychiatrists (SGP) and the Alliance for Better Mental Health (ABMH) will bring together practitioners, researchers and educators from the world who are engaged in mental health care.



Professor Linda C.W. Lam, Professor and Chairman, Department of Psychiatry, Chinese University of Hong Kong, and Past Chief Editor, East Asian Archives of Psychiatry, and former member of the WPA Publications Operational Committee and

Professor Michelle Riba, WPA Secretary for Scientific Publications, Past President, American Psychiatric Association, have collaborated on a book that has just been released, Physical Exercise Interventions for Mental Health, Cambridge University Press, a WPA publication, ISBN 978-1-107-09709-4.

Colleagues Sam Tyano, MD, Professor Emeritus, Tel Aviv University School of Medicine, Christina W. Hoven, D.Ph., MPH, Professor of Epidemiology and Psychiatry, Columbia University - New York State Psychiatric Institute, and Lawrence Amsel, MD, MPH, Assistant Professor of Clinical Psychiatry, Columbia University - New York State Psychiatric Institute, are collaborating on a WPA book to be published by Springer, entitled Responses to Children’s Mental Health Needs after Major Disasters: An International Perspective.

As always, we look forward to hearing from WPA colleagues from sections, committees, societies, zones regarding ideas for books and contributions to journals. We especially hope that students, residents and junior colleagues participate in opportunities afforded by WPA and its member societies to receive mentorship and guidance in bringing forth their ideas into publishable papers, books, monographs and presentations.

Thank you so much for the opportunity to work with you.

Michelle Riba
WPA Secretary for Scientific Publications

Upcoming WPA Major Meetings

WPA Secretary for Scientific Meetings, Masatoshi Takeda, m-takeda@aino.ac.jp



■ WPA INTERNATIONAL CONGRESS 18-22 NOVEMBER 2016 CAPE TOWN, SOUTH AFRICA

Organizer:

South African Society of Psychiatrists

Contact: Prof. Bernard van Rensburg

E-mails: a) bernard.sasop@mweb.co.za b) charlene@soafrica.com

Website: www.wpacapetown2016.org.za

■ WPA XVII WORLD CONGRESS OF PSYCHIATRY 8-12 OCTOBER 2017 BERLIN, GERMANY

World Psychiatric Association in association with the German Association for Psychiatry, Psychotherapy and Psychosomatics will be hosting the World Congress of Psychiatry 2017.

This World Congress offers an ideal opportunity to take stock of the state of psychiatry in the early part of the 21st century and share the vision and the future direction of exciting developments in the field. In addition to the new developments in research and clinical practice the Congress will focus on human rights of individuals with mental illness as well as the German tradition of Psychopathology. Furthermore the relationship between society and psychiatry is of paramount importance. There will be planned sessions working with patient groups, family and carer groups, charities, and other partner organisations.

You can look forward to an excellent scientific programme with renowned speakers



Berlin Brandenburg Gate.

© visitBerlin (Wolfgang Scholvien)

from all over the globe. This congress is an excellent opportunity to share academic developments, research and clinical practice. It will also provide a forum for better and closer social interactions and support.

Get involved

Play an active role in the WPA XVII World Congress of Psychiatry Berlin 2017 and

submit your scientific contributions. Visit WWW.WPABERLIN2017.COM in May 2016 for all important information, deadlines, and formalities.

Congress registration and abstract submission opens 1 September 2016.

CANCELLED

INTERNATIONAL CONGRESS, JULY 2016, ISTANBUL

Please disregard any reference in this March 2016 issue of the WPA News regarding the WPA International Congress (6-10 July 2016, Istanbul, Turkey) as it has been cancelled in March 2016. For any queries please contact:

a) Levent Küey (kueyl@superonline.com); b) Başaran Çelik (basaran.celik@flaptour.com.tr)

c) Metin Tansu (metin.tansu@flaptour.com.tr)

■ OBITUARY



Dr Naasson Munyandamutsa

Our Rwandese colleague and friend Dr. Naasson Munyandamutsa passed away after a long disease process on March 1st at his home in Kigali. He was the Laureate of the Geneva Prize for Human Rights in Psychiatry in 2011, and I remember that the closing ceremony in Buenos-Aires with Mario Maj was a very intense and emotional moment.

Naasson was a wonderful personality and a great clinician and teacher. His fight for psychiatry, human rights and reconciliation will survive his death as well as the first post graduate training programme in psychiatry he established at the University of Rwanda two years ago.

François Ferrero

Co-chair, WPA Section on Ecology, Psychiatry and Mental Health

News from Member Societies

■ COSTA RICAN PSYCHIATRIC ASSOCIATION

Our Society always has two events each year and we participate at the Annual Medical Congress, with a Symposium of Mental Health and Psychiatry.

For 2016, we have agreed to change the approach to our psychiatrists in these three

areas: (1) Clinical, (2) Research, and (3) Public Health related with politics, working with the community in the first level and with primary care, the promotion of Mental Health.

On February 18 and 19 will be our First National Psychiatry Symposium in Neuroscience, Psychiatry Research and Psychiatric Illness of Workforce. On August 18 and 19

will be the National and International Psychiatry Congress.

Francisco Javier Golcher Valverde
President, Costa Rican Psychiatric Association

■ ARGENTINEAN PSYCHIATRISTS ASSOCIATION

It is a pleasure to invite you to the XXXI Meeting of the Argentinean Psychiatrists Association (APSA) that will take place in the beautiful city of Mar del Plata (Argentina).

Usually it is attended by more than five thousand Argentine colleagues and from other countries, who exchange their experiences, research and everyday work enthusiastically. This year we hope to gather our large community around a crucial topic considered

very important in our present practice and educational programs: “**Psychotherapy in Psychiatry**”. Hoping that you find this invitation interesting, we will be very glad if you decide to join us in Mar del Plata!

Analía Ravenna
President, Argentinean Psychiatrists Association



■ SERBIAN PSYCHIATRIC ASSOCIATION



43rd Symposium of Clinic of Psychiatry Clinical Center of Serbia BIPOLAR SPECTRUM – CHALLENGES AND PERSPECTIVES

Supported by: Serbian Psychiatric Association

The 43rd Symposium of Clinic of Psychiatry of Clinical Center of Serbia was held in

Belgrade, Serbia, from 12 to 13 November 2015. The theme of the Symposium was BIPOLAR SPECTRUM – CHALLENGES AND PERSPECTIVES.

This innovative scientific event aimed to provide an overview on contemporary challenges and perspectives within the bipolar spectrum. The scientific programme, whose quality was unanimously appreciated, brought together leading scientific experts covering the newest psychiatric achievements: basic and clinical research, and their application to evidence-based practice in diagnosis, treatment and education.

A special workshop designated for young health professionals and health professionals in training offered the latest knowledge on timely and adequate treatment of bipolar disorder. An unprecedented scientific program coupled with unique cultural experiences addressed the interests of psychiatrists in academia, research and practice throughout all stages of career development.

Dusica Lecic Tosevski
President, Serbian Psychiatric Association

■ TAIWANESE SOCIETY OF PSYCHIATRY

The Taiwanese Society of Psychiatry (TSOP) organized the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) orientation workshops across the island on 17, 24, and 31 of January 2016. In addition to the empathetic and psychopathology-oriented diagnostic

interviewing skills, psychiatrists in Taiwan are also trained with DSM coding for academic and research purposes and with ICD for National Health Insurance reimbursement.

In the workshops, the frameworks of DSM-5 as well as the major changes in several important disorders were addressed. Many speakers updated the scientific evidence supporting or challenging the new diagnostic system, in ad-

dition to sharing experiences applying the new criteria in clinical practices and in research.

Ta-Wei Guu
Hsien-Yuan Lane
China Medical University Hospital,
Taichung, Taiwan
Taiwanese Society of Psychiatry

■ PSYCHIATRIC ASSOCIATION OF MACEDONIA

The Psychiatric Association of Macedonia organized an international conference on Stress and Anxiety held in Ohrid, in October 2015. Co-chairs of the conference were Prof. Dimitar Bonevski, Prof. Antoni Novotni, and Prof. Marija Raleva.

The main topic of the conference was Stress and Anxiety disorders through different life stages. The conference provided an oppor-

tunity to share and learn recent theoretical and applied developments, intensive professional discussions in the fields of stress, anxiety and coping, and an opportunity for professional and interpersonal networking. We had an opportunity to enjoy the keynote speaker Prof. David Baldwin, a Professor of Psychiatry at the University of Southampton, England.

Dimitar Bonevski
President, Psychiatric Association
of Macedonia



A section of the delegates at the conference in October 2015 in Ohrid.

■ ARGENTINEAN ASSOCIATION OF PSYCHIATRISTS

We invite you to participate in the **24th International Congress of Psychiatry** organized by the Argentinean Association of Psychiatrists. It will be held from 5 to 7 October 2016 in the Auditorium of Puerto Madero UCA.

In the following link you will find rules and forms for the presentation of their scientific proposals: www.aap.org.ar/congreso/24o-congreso-internacional-de-psiQUIATRIA-5-al-7-de-octubre-2016-auditorios-uca-puerto-0.

We look forward to your presence.

**24th Congress Organizing Committee
Argentinean Association of Psychiatrists**
E-mail: congresos@aap.org.ar
Website: www.aap.org.ar
Follow us on: Facebook - Twitter - Linked In

■ ROYAL AUSTRALIAN AND NEW ZEALAND COLLEGE OF PSYCHIATRISTS

International RANZCP Congress of Psychiatry - 2016

The International RANZCP Congress of Psychiatry will be held in Hong Kong from 8-12 May 2016. The theme of the conference is 'Regional Challenges, Worldwide Influence' and the RANZCP has prepared a robust and dynamic scientific program that will attract the world's mental health leaders to Hong Kong.

The Asia Pacific Mental Health forum will focus on workforce in the Asia Pacific Region and will include presentations from key leaders of psychiatric organisations and dedicated time for discussion. We encourage all of you joining us for the Congress to attend this important session.

Registration fees for international delegates vary in line with the World Bank Listing of Countries and further information regard-

ing registration, the scientific program, pre-Congress workshops and social events are available on the RANZCP website (www.ranzcp2016.com).

We look forward to seeing you at this memorable event for a vibrant scientific and social program set in the exciting surrounds of Hong Kong.

Potential in the Asia Pacific Region

The Royal Australian and New Zealand College of Psychiatrists (RANZCP) is committed to the continuing development of psychiatry and mental health care in Australia and New Zealand and to contributing

to this development in the Asia Pacific Region. Our Strategic Plan 2015-2017 captures the advancement of positive relationships with mental health organisations regionally and internationally, with a focus on the Asia Pacific region, as a key priority for the RANZCP.

As always we encourage you to contribute resources for sharing with colleagues around the region to the Asia Pacific Mental Health Portal (<https://www.ranzcp.org/Publications/Asia-Pacific-Mental-Health-Portal.aspx>) by contacting: ranzcp@ranzcp.org.



AMERICAN PSYCHIATRIC ASSOCIATION (APA)

Prof. Maria Oquendo, M.D., begins her term as president of the American Psychiatric Association at the conclusion of the May 2016 APA Annual Meeting in Atlanta, Georgia.

Prof. Oquendo is the residency training director at the New York State Psychiatric Institute and Columbia University, where she started as a community psychiatrist. She is professor and vice chair for education at Columbia University, conducting research on treatment and neurobiology of mood disorders, suicide and global mental health.

Prof. Oquendo also serves as vice president of the American Foundation for Suicide Prevention, is past president of the American Society of Hispanic Psychiatry, and serves on the American College of Neuropsychopharmacology's Council and the National Institute of Mental Health's National Advisory Mental Health Council.

"Importantly, I believe APA can continue to strive for diversity at all levels of the organization, including representation from women, minority psychiatrists, international medical graduates, and LGBT members. I hope to harness my experience in teaching and mentoring to engage our trainee members and early career psychiatrists. They are our future", noted Prof. Oquendo.



Prof. Maria Oquendo

Prof. Oquendo is scheduled to present as a keynote speaker at the 2016 Royal College of Psychiatrists International Congress in London and at the 2016 WPA International Congress in Cape Town.

For more information on the 2016 APA Annual Meeting and online education opportunities, please visit psychiatry.org.

Saul Levin

**CEO & Medical Director,
American Psychiatric Association**

INDIAN PSYCHIATRIC SOCIETY

**Indian Psychiatric Society:
ANCIPS 2016, Bhopal**



Dr. G Prasad Rao
(President)

The beautiful city of Lake Bhopal hosted our Annual Conference on 21-24 January 2016. The Conference was inaugurated by Hon Home Minister of Madhya Pradesh, Shri Babulal Gaur. Rajendra Prasad, Mohan



Dr. Gautam Saha
(General Secretary)

Agashe, Nand Kumar Singh Chauhan MP, Dinesh Bhugra, President WPA and Roy Abraham Kallivayalil, Secretary General WPA were the Guests of Honour. G Prasad Rao took charge of President IPS from Vidyardhar Watve.

The theme of conference was same as CME- "Translational Psychiatry: Braining the Mind". More than 2,000 delegates attended. The following were elected as the new office bearers: (Brig) MSVK Raju (President Elect), Gautam Saha (General Secre-



Eminent film director and actor Mohan Agashe lights the lamp to mark the inauguration of ANCIPS Bhopal 2016. Seen in the picture are TSS Rao, Brigadier MSVK Raju, Rajendra Prasad (Special envoy), Roy Abraham Kallivayalil, Dinesh Bhugra (WPA President), G Prasad Rao, Babulal Gaur (Hon Minister), and Nand Kumar Chauhan MP.

tary), Mukesh Jagiwala (Treasurer) and TSS Rao (Editor).

CANADIAN PSYCHIATRIC ASSOCIATION

Advocates Medical Assistance in Dying

On February 6, 2015 the Supreme Court of Canada struck down the law prohibiting doctor-assisted death (PAD), giving the federal government one year to bring in new legislation. A Special Joint Commons-Senate Committee on PAD was formed to

provide recommendations for new legislation. The Canadian Psychiatric Association (CPA) president presented to the Committee, sensitizing legislators to the unique issues related to mental illness that need to be addressed in a PAD framework. CPA is currently consulting members on PAD to inform its guidance to the profession this matter. The Joint Committee's report of February 25, recommends that individuals with psychiatric conditions be eligible for medical assistance in dying.



CPA President, Dr. Sonu Gaiind (left), with Dr. Jane Philpott, federal minister of health.

CPA President's Presentation: <http://www.cpa-apc.org/media.php?mid=2410>

Special Committee Report: http://www.parl.gc.ca/Content/HOC/Committee/421/PDAM/Reports/RP8120006/421_PDAM_Rpt01_PDF/421_PDAM_Rpt01-e.pdf

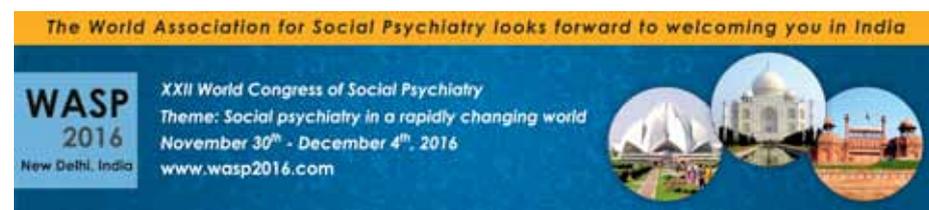
On February 9, 2016, the CPA president, Dr. Sonu Gaiind, met with the federal health minister, Dr. Jane Philpott, to discuss a broad range of mental health issues. The Minister has been directed to engage the provinces and territories to develop a new multi-year Health Accord with a long term funding agreement that has as one of its

objectives to “make high quality mental health services more available to Canadians who need them”. The Minister is also to support the Ministers of Justice and Public Safety and Emergency Preparedness as they lead the effort to legalize and regulate marijuana.

■ INDIAN ASSOCIATION FOR SOCIAL PSYCHIATRY

We are happy to inform that the **XXII World Congress of Social Psychiatry** is being organised at **New Delhi, India** on **1-4 December 2016**. The theme of the Congress is “Social psychiatry in a rapidly changing world”. The Congress will focus on the dynamics of social changes that have come to mark our times. The scientific program of the Congress includes symposia, workshops, invited lectures, free papers, and posters.

We invite you to share your research findings and your expertise at the Congress. We wel-



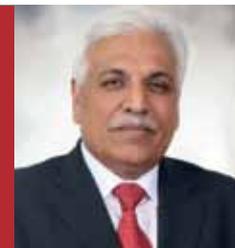
come you to our colourful country and wish you a great Indian experience. Further details can be accessed at www.wasp2016.com. Online submission is open. Looking forward to see you in Delhi in December.

Prof. Rakesh K Chadda, Chair,
Org Committee

Prof. BS Chavan, Organising Secretary

News from WPA Sections

WPA Secretary for Scientific Sections, Afzal Javed, afzal@afzaljaved.co.uk, afzal.javed@ntlworld.com



■ PSYCHIATRY OF INTELLECTUAL DISABILITY

Psychiatry of Intellectual and Relational Developmental Disorders: Today and Tomorrow

Intellectual Disability (ID) and Low Functioning Autism Spectrum Disorder (LFASD) impose considerable burden on families, caregivers, societies, and of course the individual, particularly when there is a co-occurrence of psychiatric disorders and/or serious problem behaviours (PB). Around 40% of people with ID/LFASD have comorbid psychiatric disorders, and another 10–20% have PB not related to psychiatric illness. Apart from the

condition itself, nearly one half (0.75–2% of the total population) needs psychiatric care, surpassing any known major psychiatric disorder. In spite of their global burden, ID and LFASD are regarded as second-level conditions within psychiatry and in many countries across the world there is a serious deficiency of services and resources allocated to the psychiatric care of these special populations. Clinical and practice guidelines on identification, assessment and intervention of mental health needs are also limited.

An interesting congress on these topics has been organised by the Section Regione Vene-

to of the Italian Association of Families of People with Intellectual and Relational Disability (ANFFAS) in collaboration with the Section on Psychiatry of Intellectual Disability of the World Psychiatric Association (WPA-SPID) and the Section Neurodevelopmental Disorders (SIDiN) of the Italian Society of Psychiatry (SIP). The congress, titled “Intellectual and Relational Disability: today and tomorrow”, was held in Venice on October 23th, 2015 and received the sponsorship of the World Psychiatric Association as well as the accreditation for WPA ECM.

Among the main presenters at this meeting were Luigi Croce, President of the ANFFAS Scientific Committee and winner of the 2011 International Award of the American Association on Intellectual and Developmental Disabilities; Marco Bertelli, Past Chair of the WPA-SPID, President of the European Association for Mental Health in Intellectual Disability, President SIDiN, and WPA honorary member; Roberto Speziale, President of ANFFAS; and Graziella Lazzari Peroni, President of ANFFAS Veneto. In addition to presentations, the Venice congress also featured discussions, round tables, and workshops.

The congress papers identified some major factors that contribute to the current lack of mental health service provision in ID/LFASD. First, the conceptualisation of ID should shift the traditional over-reliance on the intelligence (IQ) score in favour of the daily life expression of specific cognitive functions and the determination of the levels of severity of intellectual functioning should be reached through a system that is predicated on the person's satisfaction attainment towards life. The assessment of



cognition should be aimed at identifying those dysfunctions that have the highest impact on individual behaviour, skills, adaptation, autonomy, and quality of life across the life span, highlighting personal cognitive strengths and weaknesses that can be worthwhile for the planning of effective interventions. Second, comprehensive epidemiological data is still lacking, which is necessary to raise public awareness and to provide basis for a roadmap to service delivery. Funds for the field of ID are very low as it is not a key topic in many national health research programmes. Fourth, socio-political scenario in many countries is such that it is not included under the division of health but the social or educational sector, and as a result, attention from the health sector is generally low. The

ways to get more attention start right at the level of terminology. Thus, the WPA-SPID and the first WHO working group on ID for ICD-11 proposed the new name of 'intellectual developmental disorders'.

On the other hand, psychiatry of ID and LFASD has several implications for general psychiatry. More than other area of mental-health, it requires multi-disciplinary intervention, explores direct clinical expression of the body-mind link, implies sensitive diagnostic skills and tools, takes a holistic consideration of the patient, represents a model for high vulnerability to distress, and applies new holistic and person-related outcome measures. An original, innovative, and comprehensive model of individualized support plan was proposed to assist professionals along the step by step process to personal and family QoL improvement.

Marco Bertelli

Past Chair, WPA Section on Psychiatry of Intellectual Disability

■ CHILD AND ADOLESCENT PSYCHIATRY AND PSYCHIATRIC REHABILITATION

WPA Inter Sectional Initiative: WPA Scientific Sections on Child and Adolescent Psychiatry (CAP) and Psychiatric Rehabilitation (PR)

The 16th of December 2015 marked a year since the tragic attack on the Army Public School in Peshawar, Pakistan. Many families, teachers and the wider community are still finding it difficult to comprehend and to come to terms with the tragic events of that day. It was within this context that Professor Khalid Mufti organised a specialist training event in Peshawar from 30th September until 3rd October 2015.

More than 80 teachers from the region attended a 3-day post trauma management course or-

ganised by Professor Rukshana Kausar and her team from Lahore. The advantage of involving locally trained psychologists, who were in turn supported by the Children of War Foundation, was in evidence from the start. The last day of the meeting was introduced by a host of prominent local educationalists and policy makers including the chief guest, Professor Muhammad Hafeezullah, Vice Chancellor of the Khyber Medical University, Hayatabad, Peshawar. The meeting attracted a wide range of professionals, psychiatrists, paediatricians, GPs, and psychologists. The symposium focussed on essentials of child and adolescent psychiatric practice including the transitional period between adolescence and early adulthood. This was a learning opportunity for all of us.



A group of delegates at the Inter Sectional Initiative in Peshawar.

Gordana Milavić, Co-chair, WPA Section on Child and Adolescent Psychiatry

Afzal Javed, WPA Secretary for Scientific Sections

Khalid Mufti, WPA Zonal Representative for Zone 15 (Central and Western Asia)

■ PSYCHIATRIC REHABILITATION

The 12th World Congress of the World Association for Psychosocial Rehabilitation (WAPR), co-sponsored by the WPA Section on Psychiatric Rehabilitation, took place in Seoul, South Korea on 2-5 November 2015. The main theme of the Congress was “Beyond the Tradition, Create New Paradigm of Care”.

During the last ten years, enormous development of psychosocial rehabilitation and com-

munity mental health occurred in many parts of Asia. Thus, this congress provided an excellent basis to exchange knowledge, experience of psychosocial rehabilitation practices between mental health professionals, consumers, and related people from East and West. Overall, about 1500 persons from all parts of the world attended the congress. As at other WAPR meetings the lectures and posters were of excellent quality. The titles covered a wide

range of rehabilitation topics, including service research, human rights and stigma associated with mental illness. Beside the outstanding program, it was very impressive to listen to the informal, but engaged discussions even during coffee breaks and lunches.

Johannes Wancata

Secretary, WPA Section on Psychiatric Rehabilitation

■ EVOLUTIONARY PSYCHIATRY

We are planning to submit two evolutionary psychiatry symposia for the WPA Congress in Cape Town in November 2016. In addition, the Section has begun to assemble a panel of continental and national representatives.

We are also pleased to see that colleagues in the UK have succeeded in setting up a new evolutionary psychiatry special interest group at the Royal College of Psychiatrists (EPSiG).

This was the culmination of the year-long process that involved the submission of a proposal to the college council and then putting the proposal to the college membership. The inaugural meeting of EPSiG took place at the college HQ in London in January and the elected officers were as follows: Chair, Riadh Abed (Sheffield); Treasurer, Agnes Ayton (Oxford); and Website and Newsletter Editor, Paul St John-Smith (St Albans). EPSiG will be

working in close collaboration with the WPA Section on Evolutionary Psychiatry. EPSiG will be holding its first evolutionary psychiatry symposium at the college HQ in London on 4 October 2016. Details will be posted on the SIG pages of the RCPsych website at: <http://www.rcpsych.ac.uk/>.

Riadh Abed

Secretary, WPA Section on Evolutionary Psychiatry

■ EARLY CAREER PSYCHIATRISTS

Intersectional Educational Program

As the WPA is always striving to improve education and training, and as Early Career Psychiatrists are the backbone of any psychiatric service, the ECPs section has joined the WPA intersectional program. In a meeting at WPAIC 2015, in Taipei, Taiwan, the importance of involvement of the ECPs section was discussed, and approved. ECPs being the main recipient of this educational program necessitates the involvement of the section to ensure



L to R: Dr. Afzal Javed (WPA Secretary for Scientific Sections), Prof. Thomas G. Schulze (Chair, Section on Genetics in Psychiatry), and Dr. Hussien Elkholy (Chair, Early Career Psychiatrists Section).

that the program both reaches as many ECPs as possible and also that the needs of ECPs can be reflected to the program coordinators to be incorporated in future activities. Future activities based on this program will be announced in time.

Hussien Elkholy

Chair, WPA Section on Early Career Psychiatrists

■ HIV/AIDS PSYCHIATRY

The WPA Section on HIV/AIDS Psychiatry was founded in 2003 as the Academy of Psychosomatic Medicine HIV/AIDS Special Interest Group (SIG) and became a Section of the WPA in 2012. Members of our Section give presentations at meetings throughout the world, most recently in Madrid, Toronto, Bucharest, and later this year in Taiwan.

At the WPA in Bucharest Dr. Jordi Blanch presented a program on HIV-Associated Psychiatric Disorders at an Intersectional Symposium on Education for Trainees. At the WPA in Taiwan Dr. Cesar Alfonso presented a program on An Update on HIV and Suicide for the General Psychiatrist.

Our HIV Psychiatry Quarterly Updatable Annotated Bibliography can be accessed at: www.apm.org/library/monographs/hiv/. An article, based in part on this bibliography, was published in *Psychosomatics*: Freudreich O, Huffman JC, Sharpe M, Beach SR, Celano CM, Chwastiak LA, Cohen MA et al: Updates in Psychosomatic Medicine: 2014. *Psychosomatics* 2015; 56:445-59.

We invite you to attend our meetings and explore our web page at: <http://apm.org/sigs/oap/>. We welcome new members and invite you to join our SIG at: www.apm.org/sigs/oap/signup.shtml.



WPA Intersectional Educational Program, Taipei, Nov. 19, 2015. Seen in the picture are Afzal Javed, Gordana Milavic, César Alfonso, Malcolm Hopwood, and Thomas Schulze.

Mary Ann Adler Cohen, Chair
Jordi Blanch, Secretary
WPA Section on HIV/AIDS Psychiatry

■ TRANSCULTURAL PSYCHIATRY

We are organizing a pre-congress meeting preceding the International WPA Congress in Istanbul. The meeting will create a splendid occasion to exchange and discuss the present situation of refugees all over the Middle East and in Europe. The aim of the meeting is to exchange facts and ideas on mental health issues related to the high influx of refugees in a

wide range of countries in the Middle East and Europe, and to discuss (and document) how issues could be improved.

Moreover, the WPA-TPS is working hard to compose a special issue in the journal *Transcultural Psychiatry*. The theme of the issue will be the same as the pre-conference:

“People on the move; asylum seekers and refugees worldwide”.

C. J. (Kees) Laban
Chair, WPA Section on Transcultural Psychiatry

■ PSYCHOLOGICAL CONSEQUENCES OF TORTURE AND PERSECUTION

We are planning to have a highly fruitful 2016, with three sectional symposia in Tbilisi, Georgia, in April, and two symposia at the Istanbul WPA Congress in July. The Section on Psychological Consequences of Torture and Persecution (CoT) has welcomed, since elections, new members across continents and is aiming at enhancing knowledge transfer and interactivity. Part of this, our Chair Dr. Pau Perez-Sales has recently visited, in Copenhagen, colleagues from the Transcultural Psychiatry Section, Dignity and the IRCT in order to explore common avenues. It is of main priority to our Section to re-assert the need for the implementation

of international charters and protocols, especially at a time of significant migration across Europe, and the radicalization of legislation in some countries of the free world in regards to asylum seekers and refugees. Experts from the CoT Section have worked, and continue to collaborate, on a number of teaching materials and guidelines for professionals to be used in situations such as the EU refugee crisis, or the painful reparation and redress process in various countries of South America.

Gabriel Diaconu
Co-chair, WPA Section on Psychological Consequences of Torture and Persecution



Section CoT Chair Pau Perez-Sales (centre) at the IRCT Copenhagen.

■ PREVENTIVE PSYCHIATRY

Our Section has been very active during the past few months.

1) Symposium at the WPA Regional Congress in Kochi, September 2015. This symposium, titled “Preventive Psychiatry: recent understanding and developments”, was a great success and one of the highlights of the Congress.



JK Trivedi Lecture at Pushpagiri, Tiruvalla, India. Prof. Juan E Mezzich lights the lamp. Seen in the picture are Dr. Shaji Vazhayil, Archbishop Dr. Thomas Mar Koorilos, Roy Abraham Kallivayalil, Sec General WPA, Dr. TP Thankappan, Principal, and Tom Craig, President WASP.

2) Our Section organised JK Trivedi Memorial Lecture by Prof. Juan E Mezzich (Past President WPA) at the Pushpagiri Medical College, Tiruvalla, India on September 29, 2015.

3) Our section heavily participated in the 3rd Preventive Psychiatry WPA co-sponsored International Congress in Athens, November 2015. Our symposia “Update on two important areas in Preventive Psychiatry: Substance Misuse and Early Intervention”, and “Advances and Novel Perspectives in Preventive Psychiatry” were the highlights.

We have further plans for the near future, namely we have organised two symposia for Istanbul, July 2016 and we plan to maintain and enhance our active collaboration with other WPA Sections.

Nikos Christodoulou
Chair, WPA Section on Preventive Psychiatry



Part of the Athens delegation led by Nikos Christodoulou.

■ URBAN MENTAL HEALTH

WPA Manila: Intersectional Training and Educational Program

During the WPA Regional Congress, Manila, Philippines on 4-6 February 2016, an Intersectional Training and Educational Program was held. It was highly successful.

Naotaka Shinfuku
Chair, WPA Section on Urban Mental Health



Chairpersons and speakers (from L to R): Syed Shujat Ali Naqvi (USA), Thomas G. Schulze (Germany), Natalya Pia Reyes-Sia (Philippines), Lourdes Ignacio (Philippines), Afzal Javed (Pakistan/UK), and Naotaka Shinfuku (Japan).

■ PSYCHIATRY AND HUMAN SEXUALITY

We will participate in the 13th Congress of the European Federation of Sexology in Dubrovnik from 25 to 28 May 2016. Our Section will be present with joint symposium

with EFS. The Section is also working to present symposia at the WPA International Congress Cape Town in November 2016.

António Pacheco Palha, Chair
TSS Rao, Secretary
WPA Section on Psychiatry and Human Sexuality

News from Zonal Representatives

■ WPA ZONE 10 (EASTERN EUROPE)

“Modern approaches to diagnosis, treatment and rehabilitation of persons with mental and behavioral disorders”. The international conference under this title was held in late December in Minsk and was dedicated to the **90th anniversary of the Department of Psychiatry and Medical Psychology of Belarussian State Medical University** (head-professor O.A. Skugarevsky). The meeting was organized in collaboration with Belarussian Psychiatric Association. WPA was represented by Prof. P.V. Morozov.

The history of the Department of Psychiatry is directly related to the history of rendering of psychiatric aid in the Republic of Belarus. Originally, the chair was founded in 1925 as the part of the medical faculty of the Be-

lorussian State University and was based in the 2nd State Hospital. The first Head of the chair – Prof. A. K. Lents – is the founder of the physiological school of the Belarussian psychiatry. From the beginning of its activities the chair became an organizational and scientific center of psychiatry in the Republic.

At present, the Chair of Psychiatry and Medical Psychology has the strongest teaching staff in the Republic: 3 Doctors of Science, 6 Candidates of Science (Ph.D.), docents, 6 Professor’s assistants. The chair educates at graduate and postgraduate levels, participates in the export of educational services and is the key organization of scientific researches expert support.



Prof. O.A. Skugarevsky (left) and Prof. P.V. Morozov, co-chair of the Session.

The conference was a great success, the halls were filled, and discussions were lively.

Peter Morozov

WPA Zonal Representative for Zone 10 (Eastern Europe)

■ ZONE 11 (NORTHERN AFRICA)

The 9th Kasr Al Ainy Annual International Psychiatry Congress with the theme “Positive Psychiatry: Beyond Traditional Perspectives”, organized by Department of Psychiatry, Faculty of Medicine, Cairo University in collaboration with EPA was held at Learning Resource Center, Kasr Al Ainy, during the period of 17-18 February 2016. A great num-

ber of national and international delegates attended the conference and shared their research and clinical experience.

The Third annual congress of cognitive behavioral therapy was held in the American University in Cairo on 25-27 February in collaboration with the Asian Federation of Psy-

chiatric Associations and WPA. Prof. Ahmed Okasha discussed the biology of cognitive behavior therapy and Afzal Javed delivered his presentation around psychosocial rehabilitation in the 21st century.

The clinical practice guidelines for management of suicide and self harm: The

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→ WWW.WPANET.ORG

general secretariat of mental health (Prof. Hisham Ramy and Dr. Riham Ali) in collaboration with the Egyptian Army Forces psychiatry department (General Dr. Mohamed Reda and Bri. Dr. Khaled Sabry), Ain Shams University (Prof. Nahla Nagy) and Cairo University (Prof. Mostafa Shaheen) worked together to set the clinical practice guidelines

for management of suicide and self harm, in order to solve the problem of inconsistency and inadequacy in service delivery.

World Psychiatric Association Collaborating Centre: The Institute of Psychiatry, AIN Shams University founded by Professor Ahmed Okasha in 1990 was accredited as

World Psychiatric Association Collaborating Centre for Training and Research in Psychiatry directed by Prof. Tarek Okasha.

Nahla Nagy
WPA Zonal Representative for Zone 11
(Northern Africa)

■ WPA ZONE 9 (CENTRAL EUROPE)

The most important meeting took place in Bucharest, Romania - **WPA 2015 Bucharest International Congress** - titled "Primary Care Mental Health: Innovation and Trans-disciplinarity" on 24-27 June 2015.

Psychiatric Association of Bosnia and Herzegovina: the traditional Annual Symposium with international participation, XIV Psychiatric Days of Bosnia and Herzegovina, took place in Sarajevo on November 23-24, 2015. The main topic was "Current topics from child and adolescent psychiatry and women's mental health".

Croatian Psychiatric Association has supported the organization of Symposiums on Cognitive Behavior therapy, and has successfully organized 12th Croatian Psychiatric

days, and a number of other scientific events. This year more focus was given to the increase of negative psychiatric image in the Croatian media, and the new law on mental health.

The 16th Czech-Slovak Psychiatric Meeting at Brno, Czech Republic was jointly organized in the period of 21-24 October 2015 by the Czech Psychiatric Association and the Slovak Psychiatric Association.

Psychiatric Association of Macedonia has successfully organized a conference "Stress and Anxiety in Macedonia, Disorders through Different Life Stages" in Ohrid, Macedonia, with participation of international experts. The Conference was organized in the period of October 29-31, 2015.

Other forthcoming Congresses:

- WPA co-sponsored International Conference on Forensic Psychiatry, Psychiatric Association of Macedonia, 13-15 October 2016, in Ohrid, Republic of Macedonia. Title: Forensic Psychiatry and prison psychiatry between the medicine and the law.
- XV Congress of the Serbian Psychiatric Association, 12-15 October 2016, Belgrade, Republic of Serbia. Title: Pathways and crossroads of psychiatry.

Stojan Bajraktarov
WPA Zonal Representative for Zone 9
(Central Europe)

■ WPA ZONE 2 (UNITED STATES OF AMERICA)



The 2016 American Psychiatric Association (APA) Annual Meeting is scheduled for 14 to 18 May in Atlanta, Georgia, USA. The Annual Meeting provides an opportunity for many valuable activities.

All psychiatrist attendees committed to lifelong learning will undoubtedly want to stop by the APA's Education Center which will

feature a variety of information kiosks as well as the new "Education Theater" that will feature pop-up sessions throughout the meeting. At the pop-up sessions, the APA Education team will talk about new initiatives for the coming year as well as provide demonstrations of the Learning Center, APA's newly re-envisioned online learning management system. The Learning Center provides over 200 activities on clinical and medical topics, such as psychotherapy, psychopharmacology, integrated care, and more. Visit the Learning Center at education.psychiatry.org to review a full list of available online courses.

For up-to-date Annual Meeting information such as the scientific program, slated speakers, and to download the APA meeting app, please visit annualmeeting.psychiatry.org. For information on becoming an APA International Member, please visit psychiatry.org and click on "Join".

Edmond Hsin-tung Pi
WPA Zonal Representative for Zone 2
(United States of America)

■ WPA ZONE 14 (EASTERN AND SOUTHERN AFRICA)

Psychological needs of refugees and internally displaced people

A German-African research workshop for innovation in African health care systems was held at Nairobi, Kenya on February 24-26, 2016. This workshop, supported by the German Federal Ministry of Education and Research, aimed to establish networks between German and African clinicians and researchers and to discuss the strategic development of African health care systems to better include refugee mental health needs. It was jointly hosted by the University of Konstanz, Germany and Africa Mental Health Foundation (AMHF). There were 54 selected participants from 11 countries, representing seven international organizations, 20 universities and nine NGOs that are dedicated to mental health service delivery.

The highlight of the workshop was the roundtable discussion on the way forward in which



A group photo at the German Psychotrauma Conference.

the following presidents of Psychiatric Associations participated: Prof. Wolfgang Gaebel, President of the European Psychiatric Association, the Zone 13 and Zone 14 representatives of the WPA Prof. Owoidoho Udofia and Prof. David Ndetei respectively, the president of the Kenyan Psychiatric Association, Dr. Simon Njuguna, the President of the Ethiopian Psychiatric Association and representatives from the Tanzanian and Nigerian Psy-

chiatric Associations, Dr. Praxeda Swai and Dr. Taiwo Sheikh respectively.

David Ndetei
WPA Zonal Representative for Zone 14
(Eastern and Southern Africa)

■ WPA ZONE 17 (EASTERN ASIA)

In major universities and colleges around the world, 'student mental health' is already set as a major subject, and various corresponding programs such as 'suicide prevention and intervention' are already prepared. This indicates that these universities and colleges put much effort into not only student education and research, but also into the student mental support. Unfortunately, many universities and colleges in East Asian countries lack these systems.

In 2015, five students in Seoul National University, which is the first ranking university in Korea, have killed oneself and the university has organized a so-called 'SNU crisis intervention committee'. The university has

decided to double the corresponding budget and workers in 2016, and is planning to provide a personalized support to each student.

Also on March 2nd, 2016, the 'Seoul National Hospital' has reopened as the 'National Center for Mental Health' in order to set up a 'psychiatric emergency center' which enables a prompt management on psychiatric matters. We hope that after thorough evaluation on these organizations, these can be a helpful model for the enhancement of mental health in East Asian countries.

The 12th World Congress of World Association for Psychosocial Rehabilitation (WAPR) was held in Seoul, Korea from 2nd

to 5th of November 2015. In the history of WAPR, this was the first world congress of WAPR in East Asia. The main theme of Seoul World Congress was "Beyond the Tradition, Create New Paradigm of Care".

Min-Soo Lee
WPA Zonal Representative for Zone 17
(Eastern Asia)

News from Affiliated Associations

INTERNATIONAL SOCIETY FOR THE PSYCHOLOGICAL AND SOCIAL APPROACHES TO PSYCHOSIS



The 20th International Congress of the ISPS (International Society for Psychological and Social Approaches to Psychosis) will take place in the UK on 30th August-3rd September

2017. We are delighted that our plenary speakers include Alison Brabban, Jacqui Dillon, Grainne Fadden, Kwame McKenzie, Jim van Os, and Rachel Waddingham. Booking will open shortly at www.isps2017uk.org. Meanwhile you can make sure you are informed as soon as booking starts by contacting isps@isps.org.

The ISPS book series now contains over 20 books with more awaiting publication. The ISPS Charter of Good Practice in psychological therapies for people experiencing psychosis and further information about the ISPS can be found at www.isps.org. Contact: isps@isps.org.

INTERNATIONAL ASSOCIATION OF ETHNOPSYCHOLOGISTS AND ETHNOPSYCHOTHERAPISTS

Ethnocultural aspects of mental health of children with special development were revealed with the use of ethnomethodology (questionnaire for revealing the ethno-functional dissonances by A.V. Sukharev, 1998). We suggest supplementing the assessment of the level of disabled child's functioning according to ICF-Y with assessment according to scale "Ethno-Functional Status" that includes assessment of adaptation of child/

adolescent to racial-biological, climatic-geographical and ethnocultural aspects of everyday life activity. Efficiency of rehabilitation of disabled children increases under inclusion of factors of ethnocultural nature into the psychotherapy.

Bairma Dashieva
Irina Kupriyanova, Secretary
International Association of Ethnopsychologists and Ethnopsychotherapists



Professors Tatiana Raeva (Tyumen), Evgeny Schastnyy (Tomsk), Olga Salmina-Khvorostova (Novokuznetsk), and Dr. Bairma Dashieva (Tomsk).

SPANISH SOCIETY ON DUAL DISORDERS

XVII SPANISH ANNUAL DUAL PATHOLOGY MEETING

The XVII Jornadas Nacionales de Patología Dual will take place in Madrid from April 14-16, 2016. Dr. Szerman, together with Prof. Casas, have prepared an attractive and stimulating scientific programme in which relevant personalities are presenting and discussing in Symposia, Workshops, Fora, Orals and



Posters, the current reality of Dual Disorders worldwide, etc. Key conferences will be delivered by Profs. Ruben Baler, Pedro Ruiz,

Eden Evins, Icro Maremmanni, Celia Franco, Marta Torrens, Eduard Vieta, Rafael Maldonado, Miguel Bernardo, and Miguel Roca.

The White Book on Resources and Medical Care Needs was presented in Madrid on January 20th. It is a user-friendly updated guide covering in a professional and clear way the many pitfalls that mental care professionals dealing with dual disorders are facing today. It can be reached on the SEPD website: www.patologiadual.es/profesional_publica.html.



Nestor Szerman
President, Sociedad Española de Patología Dual (SEPD)/Spanish Society on Dual Disorders

■ INTERNATIONAL SOCIETY FOR BIPOLAR DISORDERS

The 18th Annual Conference of the ISBD, held jointly with the 8th Biennial Conference of the International Society for Affective Disorders, will take place in Amsterdam, The Netherlands from 13 to 16 July 2016.

The keynote speakers will be Louis Van Tilborgh (The Netherlands), Joseph Calabrese (USA), Jules Angst (Switzerland), Svetha

Venkatesh (Australia), Sidney Kennedy (Canada), Nick Craddock (UK), Andrea Cipriani (UK), Brenda Penninx (The Netherlands), and Manon Hillegers (The Netherlands). To view their talk titles, see details of the scientific program, and to register please visit www.isbd2016.com. We look forward to seeing you in Amsterdam.



■ EUROPEAN FEDERATION OF PSYCHIATRIC TRAINEES (EFPT)

The EFPT has a long history of working in collaboration with the World Psychiatric Association. This year many EFPT members will travel directly from the 24th Annual EFPT Forum in Antwerp to Istanbul to participate in the WPA International Congress there. EFPT is planning a number of contri-

butions to the Congress, including presenting the findings of international research conducted by EFPT Working Groups and demonstrating the importance of national trainee associations in the empowerment of trainees. We believe it will offer the perfect start for EFPT's newly elected Board, led by

a President from Istanbul, Dr. Ekin Sönmez. Find us in the exhibition area at the EFPT booth!

Howard Ryland
Secretary, European Federation of Psychiatric Trainees

■ INSTITUTE OF AUSTRALASIAN PSYCHIATRISTS INC. (IAP)

IAP continues to work with the Nitte Rural Psychiatric Services in India under the auspices of its director Dr. Naveen Chandra. IAP assisted in the Third International conference "Beyond Symptoms Control" in Nitte in late November 2015. The conference

was extraordinarily good with exchanges of views, innovative and informative practices in psychosocial rehabilitation. IAP hopes to pursue these links which would be of mutual benefit in increasing our knowledge and responses to these challenging needs.

Anne Noonan
President, Institute of Australasian Psychiatrists Inc.

Future WPA Scientific Meetings

March-April 2016

29 March-1 April 2016: “Psychiatric epidemiology meets genetics: the public health consequences”, Munich, Germany. Organizer: WPA Section on Epidemiology and Public Health. Collaboration: 1) WPA Section on Genetics in Psychiatry 2) University of Munich. Contact: Erasmus Conferences Tours & Travel S.A. E-mail: info@wpaepi2016.org Website: www.wpaepi2016.org/

April 2016

1-2 April 2016: 8th Malaysian Healthy Ageing Conference “Making Mental Health a priority for Healthy Ageing”, Kuala Lumpur, Malaysia. Organizer: Malaysian Health Ageing Society. Collaboration: Malaysian Mental Health Association. Contact: Dr. Philip George. E-mail: drphilgeorge@gmail.com Website: <http://8mhas2016.wix.com/mhas2016>

7-9 April 2016: 12th International Conference on Psychiatry “Psychiatry in General Medicine”, Jeddah, Kingdom of Saudi Arabia. Organizers: Saudi German Hospital & Saudi Psychiatric Association. Collaboration: 1) Psychiatric Hospital Jeddah 2) Egyptian Psychiatric Association 3) Institute of Psychiatry, Ain Shams University 4) Psychiatry Department, Cairo University 5) Motmaenna Psychiatric centre. Contact: Dr. Mohamed Khaled. E-mail: moh.khaled.hamed@gmail.com Website: http://jed.sghgroup.com.sa/index.php?option=com_content&view=article&id=293&Itemid=42&lang=en

14-16 April 2016: “XVIII Jornadas Nacionales de Patología Dual”, Madrid, Spain. Organizer: Sociedad Española Patología Dual (SEPD). Contact: Dr. Nestor Szerman. E-mails: a) secretaria@secretariadual.com b) jornadas@patologiadual.es Website: www.patologia-dual.com

27-30 April 2016: WPA Regional Conference “Mental health, directions and challenges”, Tbilisi, Georgia. Organizers: 1) Society of Georgian Psychiatrists (SGP) 2) Alliance for Better Mental Health (ABMH). Contact: Eka Chkonია. E-mail: geopsysociety@gmail.com Website: <http://wpatbilisi.ge>

29-30 April 2016: “MENAMAT/ECNP 4th International Psychosis and Anxiety Treatment Guideline Congress”, Dubai, United Arab Emirates. Organizer: Global Communication and presentation Training INC (A Canadian registered Corporation). Collaboration: The Saudi Psychiatric Association /UAE ministry of Health and ECNP (European College of Neuropsychopharmacology). Contact: Dr Hany Shafey. E-mail: shafeyhi@gmail.com Website: www.menammat.com

May 2016

8-12 May 2016: “2016 International RANZCP Congress of Psychiatry”, Hong Kong, China. Organizer: Royal Australian and New Zealand College of Psychiatrists. Collaboration: Hong Kong College of Psychiatrists. Contact: Malcolm Hopwood. E-mail: president@ranzcp.org

25-28 May 2016: 13th Congress of the European Federation of Sexology “Sexology; body, mind, and culture”, Dubrovnik, Croatia. Organizer: European Federation of Sexology. Collaboration: Croatian Association for Sex Therapy. Contacts: a) Goran Arbanas b) Chiara Simonelli. E-mail: efs2016@aimgroup.eu Website: <http://web.aimgroupinternational.com/2016/efs/>

26-29 May 2016: “1st Congress on Evidence Based Psychiatry: From research to Clinical practice”, Corfu, Greece. Organizer: International Society on Neurobiology and Psychopharmacology. Collaboration: WPA Section on Evidence Based Psychiatry (formerly: Section on Research Methods in Psychiatry). Contact: Dr. KN Fountoulakis. E-mail: kostasfountoulakis@gmail.com Website: www.psychiatry.gr

27-30 May 2016: “13th Annual Academic Sessions of Sri Lanka College of Psychiatrists and International Conference of AFPA”, Colombo, Sri Lanka. Organizers: Sri Lanka College of Psychiatrists and AFPA. Contact: Prof. Samudra Kathriarachchi. E-mail: samudratk@gmail.com Website: www.slcppsych.lk

June 2016

2-4 June 2016: 112th Annual Meeting of the Japanese Society of Psychiatry and Neurology (JSPN) “Psychiatry - Honest and true - Pilgrimage to the origin”, Makuhari, Japan. Organizer: Japanese Society of Psychiatry and Neurology (JSPN). Contact: Prof. Kazuhiko Nakayama. E-mail: jspn112@congre.co.jp. Website: www.congre.co.jp/jspn112/

2-4 June 2016: VI International Congress on Dual and Addictive Disorders “A Challenge for Humanity”, Lisbon, Portugal. Organizer: Associação Portuguesa de Patologia Dual. Contact: Celia Franco. E-mail: celiacfranco@gmail.com

9-12 June 2016: XI Czech Psychiatric Association Meeting “Mental Health – Public Affair”, Spindleruv Mlyn, Czech Republic. Organizer: Czech Psychiatric Association. Contacts: a) doc. Martin Anders, Ph.D. (President) b) prof. MUDr. Jiří Raboch, DrSc. (Vice President). E-mail: cpssjezd@guarant.cz Website: www.cpssjezd.cz

September 2016

8-10 September 2016: International Conference on Schizophrenia (ICONS) Seventh Edition “Schizophrenia - the Puzzle and the Perspective” Chennai, India. Organizer: Schizophrenia Research Foundation (SCARF, India). Collaboration: 1) Indian Psychiatric Society 2) WASP. Contact: Dr R Thara. E-mail: thara@scarfindia.org Website: www.icons scarf.org

September-October 2016

28 September-1 October 2016: “Psychiatrie au Futur! 2084”, Brussels, Belgium. Organizer: SIP Société de l'Information Psychiatrique. Contacts: a) Gisèle Apter (gisele.apter@gmail.com) b) Jean Oureib (jean.oureib@gmail.com)

October 2016

7-8 October 2016: “Congress on Mental Health: Meeting the Needs of the 21 Century”, Moscow, Russia. Organizer: Union for Mental Health of Russia. Collaboration: 1) Russian Society of Psychiatrists (RSP) 2) All-Russia Professional Psychotherapeutic League (PPL) 3) Russian Psychological Society 4) Russian Association of Gerontologists and Geriatrists. Contact: Dr. Natalia Treushnikova. E-mail: info@mental-health-russia.ru Website: www.mental-health-congress.ru

12-15 October 2016: XV National Congress of the Serbian Psychiatric Association “Pathways and Crossroads of Psychiatry”, Belgrade, Serbia. Organizer: Serbian Psychiatric Association. Contact: Dusica Lecic Tosevski. E-mails: a) dusica.lecictosevski@eunet.rs; b) dusica.lecictosevski@gmail.com

13-15 October 2016: “Forensic Psychiatry and Prison Psychiatry between Medicine and Law”, Ohrid, Macedonia. Organizer: Psychiatric Association of Macedonia. Collaboration: WPA Section on Forensic Psychiatry. Contact: Prof. Dr. Antoni Novotni. E-mail: prof.novotni@gmail.com Website: www.pzmak.com

20-22 October 2016: 14th International Conference of the Arab Federation of Psychiatry and 4th Conference of the Jordanian Society of Psychiatry “The future of Mental Health in Arab World”. Organizer: Arab Federation of Psychiatry. Collaboration: Jordan Society of Psychiatry. Contact: Walid Sarhan E-mail wsarhan34@gmail.com Website: www.pan-arab-psychiatrists-congress2016.com

20-23 October 2016: 2nd World Congress of Early Career Psychiatrists “Bridging science and culture”, Athens, Greece. Organizers: 1) WPA Section on Early Career Psychiatrists 2) EPA – ECPC 3) Young Psychiatrists' Network. Contacts: a) Rafail Psaras (rafailpsaras@gmail.com) b) Hussien El Kholy (drhelkholy@gmail.com)

27-29 October 2016: XIX National Congress of Psychiatry in 2016 “Psychiatry. On the first line of medical specialties”, Palma, Majorca. Organizer: Spanish Society of Psychiatry. Contact: Prof. Miguel Bernardo

November 2016

3-5 November 2016: International Conference WWIII “WWIII? Management of death between new social emergencies and their solution”, University of Padova, Padua, Italy. Organizer: Master Death Studies & the end of life, University of Padova. Collaboration: Department of Psychiatry, University Clinical Hospital Mostar. Contacts: a) Dr. Tommaso Ghellar b) Prof. Ines Testoni. E-mail: worldwariii2016.partners@gmail.com Website: <http://endlife.psy.unipd.it/IIIWW/eng/index.php/call-for-participation-2/>

18-22 November 2016: WPA International Congress “Psychiatry: Integrative Care for the Community”, Cape Town, South Africa. Organizer: South African Society of Psychiatrists. Contact: Prof. Bernard van Rensburg. E-mails: a) bernard.sasop@mweb.co.za b) charlene@soafrica.com Website: www.wpacapetown2016.org.za

November-December 2016

30 November-4 December 2016: 22nd World Congress of Social Psychiatry - WASP 2016 “Social Psychiatry in Rapidly Changing World”, New Delhi, India. Organizer: Indian Association for Social Psychiatry. Contact: Dr. RK Chadda. E-mails: a) drchavanbs@gmail.com b) secretariat@wasp2016.com Website: www.wasp2016.com

December 2016

15-17 December 2016: “The Asia Pacific Conference of IALMH”, Bangalore, India. Organizer: Department of Psychiatry, MVJ Medical College & Research Hospital, Bangalore. Contact: Ganesan Gopalakrishnan. E-mail: sowmanasya@gmail.com

March 2017

6-9 March 2017: “7th World Congress on Women’s Mental Health”, Dublin, Ireland. Organizer: International Association for Women’s Mental Health. Contact: Debra C. Tucker. E-mail: debra@iawmh.org

March-April 2017

30 March-2 April 2017: “V International Congress of Dual Disorders: Addictions and other Mental Disorders”, Madrid, Spain. Organizers: Sociedad Española Patología Dual (SEPD). Contact: Dr. Nestor Szerman. E-mails: a) secretaria@secretariadual.com b) secretariat@icdd-congress.com. Website: www.icdd-congress.com

April 2017

19-22 April 2017: 18th World Congress of the World Association for Dynamic Psychiatry (WADP) “Creative processes in psychotherapy and psychiatry”, Florence, Italy. Organizer: World Association for Dynamic Psychiatry (WADP). Collaboration: International Foundation Erich Fromm (IFE), Erich Fromm School of Psychotherapy, University of Florence, and others. Contact: Prof. Dr. Maria Ammon. E-mail: dapberlin@t-online.de Website: www.WADP2017.org

May 2017

25-28 May 2017: “5th International Congress on Neurobiology and Psychopharmacology”, Chania, Crete, Greece. Organizer: International Society on Neurobiology and Psychopharmacology. Collaboration: 1) WPA Section on Psychiatry in Private Practice 2) WPA Section on Evidence Based Psychiatry. Contact: Dr. KN Fountoulakis. E-mail: kostasfountoulakis@gmail.com Website: www.psychiatry.gr

August-September 2017

30 August-3 September 2017: 20th International Congress of ISPS “Making Real Change Happen”, Liverpool, UK. Organizer: The International Society for Psychological and Social Approaches to

Psychosis. Contacts: a) Dr. Brian Martindale b) Antonia Svensson. E-mail: isps@isps.org Website: www.isps.org

September 2017

14-16 September 2017: “6th European Conference on Schizophrenia Research”, Berlin, Germany. Organizer: European Scientific Association on Schizophrenia and other Psychoses. Contact: Prof. Wolfgang Gaebel. E-mail: wolfgang.gaebel@esasnet.eu

October 2017

8-12 October 2017: WPA World Congress of Psychiatry “Psychiatry of the 21st Century: Context, Controversies and Commitment”, Berlin, Germany. Organizer: German Association for Psychiatry, Psychotherapy and Psychosomatics. Contact: Prof. Peter Falkai. E-mail: wpa2017@cpo-hanser.de Website: www.wpaberlin2017.com

MATTERS FOR WPA NEWS

Please send all matter for publication in the WPA News to Prof. Roy Abraham

Kallivayalil, Secretary General, wpasecretariat@wpanet.org.

A copy may be marked to roykalli@gmail.com

WPA NEWS

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WORLD PSYCHIATRIC ASSOCIATION
الجمعية العالمية للطب النفسي
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ASOCIACIÓN MUNDIAL DE PSIQUIATRÍA

MARCH 2016

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The World Psychiatric Association (WPA)

The WPA is an association of national psychiatric societies, presently 138, spanning 118 different countries and representing more than 200,000 psychiatrists.

The WPA organizes the World Congress of Psychiatry, International and Regional Congresses, and Thematic Conferences. With its 72 scientific sections, it promotes collaborative work in specific domains of psychiatry. It has developed ethical guidelines for psychiatric practice, including the Madrid Declaration.

Its website is currently visited from almost all countries across the world and the WPA News is widely disseminated. Various educational programmes and series of books had been produced including an E-Learning long distance programme. World Psychiatry, the WPA official journal, could be freely downloaded from PubMed Central and the WPA website (www.wpanet.org).



What are its Aims?

The core missions of the WPA include the following:

- To encourage the highest possible standards of clinical practice
- To increase knowledge and skills about mental disorders and how they can be prevented and treated
- To promote mental health
- To promote the highest possible ethical standards in psychiatric work
- To disseminate knowledge about evidence-based therapy and values based practice
- To be a voice for the dignity and human rights of the patients and their families, and to uphold the rights of psychiatrists
- To facilitate communication and assistance especially to societies who are isolated or whose members work in impoverished circumstances

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